

2011 - 12 PAL Participating Schools and Athletic Directors

	School	Phone	Athletic Director	Phone (H)	E Mail
1	Holy Cross	371-1313	Emma Cardenas	335-9665	Emma.cardenas@holycross-westsac.org
2	Holy Family	722-5818	Barbara Marsolais	729-2089 521-3726 c	dpmarsolais@surewest.net
3	Holy Rosary	530- 668-2444	Mark Torricelli	530-867-7042 c	mtorri@mindspring.com
4	Holy Spirit	448-5663	Al LoGiudice	451-3026 812-8005 c	ilbacino@gmail.com
5	Holy Trinity	530-677-3591	Kelly Burke	933-8842 220-0060 c	kburke@holyltrinityparish.org
6	O.L.A.	489-8958 x30	Philip Tateishi	541-7090	ptateishi@olaparish.net philiptateishi@gmail.com
7	Our Lady of Grace	371-9416	Kathy Garcia	371-5106 847-5106 c	garcia.ka@sbcglobal.net
8	Presentation	482-0351 x314	Kathleen Baggett	760-7768 510-551-9621 c	kbaggett@presentationschool.net pillboxes@comcast.net
9	Sacred Heart	456-1576	Larry Reel	453-1917 601-4739 c	rlreel3@gmail.com lreel@sacredheartschool.net
10	St. Charles	421-6189	Jennifer Cheguina Kevin Chelini	469-9121 384-7634 c 825-8571	Tokai9016@yahoo.com Daddyspony68@sbcglobal.net
11	St. Elizabeth Ann Seton	684-8479	Jeff Lusich	684-8479 209-614-3028 c	jlusich@hannabprophy.com
12	St. Francis	442-5496	Caroliine Patti	473-9547 204-5393 c	cpatti@stfranciselem.org ctpatti@yahoo.com
13	St. Ignatius	488-3907	Cathy Edwards	928-9625 284-6605 c	cedwards@stignatiussac.org
14	St. James (Davis)	(530) 756-3946	Rodney Bodine	(530)756-1952	rjbodine@sjsdavis.com
15	St. John the Evangelist	481-8845 x210	Kevin Rogers	727-3577 521-2678 c	krogers@stjohnev.com
16	St. John Notre Dame	985-4129	Lissa Mueller Kat Martin	933-1704 549-2509 c 220-2391	lmueller@sjnds.com rkbbbm@sbcglobal.net
17	St. John Vianney	363-4610 x123	Diane Haag	638-5588 505-6668 c	dhaagsjvschool.org
18	St. Joseph's (Aub)	(530) 885-4490 x14	Debi Buresh	409-0436 530-613-7273 c	Debi_buresh@auburncatholic.com
19	St. Joseph's (Sac)	925-1465	Helen Rowell	595-4423	hrowell51@att.net
20	St. Mary's	452-1100 x32	Dan Slater	240-0649 240-0649 c	dslater_sms@yahoo.com
21	St. Mel's	967-2814	Molly Nichols	718-8343	mnichols@stmelsschool.org mollyn67@comcast.net

22	St. Patrick's Academy	421-4963 x122	Maria Victorio	698-9340 c 399-8329	mvictorio@saintpatricksacademy.net
23	St. Philomene's	489-1506	Casey McDole	715-6107 c 925-0621	theirisharies@aol.com
24	St. Robert's	452-2111 x30	Colleen Henderson	689-3172 207-3172 c	colathletics@comcast.net
25	St. Rose (Roseville)	782-1161	Dave Koumelis	782-3986 367-3383 c	davatews@yahoo.com
* Private School Members					
26	* Courtyard School	442-5395	Jerald Baker	394-0358 284-6913	Heatseaker10j@yahoo.com
27	* Merryhill Park City	429-6055	Katie Sturges	630-615-8014	Katie.Sturges@nlcinc.com
28	* Sac Country Day	481-4470	Matt Vargo	501-8336	mvargo@saccds.org
29	* St. Alban's	782-3557	Nancy Shiro	530-878-7120 916-765-0078 c	nancys@stalbans.org
30	* St. John's Christian	786-5400 x131	Kyle Pontarolo	707-953-4292	kpontarolo@sjsroseville.org
31	* St. Michael's	485-3418	Doug Brandenburg	972-1841 206-1841 c	dbrande@surewest.net
32	* Woodland Christian	530-406-8800	Jerry Miller	530-406-0970 530-383-2105 c	jmiller@woodlandchristian.org

Other

	Boy's Director	482-6060 x203	Gerry Lane	708-8226	laneg@jhssac.org
	Girl's Director	733-3673	Jill Bennett		jbennett@girlspaleague.com
	Little Dribblers	433-7333	Dave Parsh	752-3308	coachparsh@yahoo.com
	Officials - Basketball & Volleyball	351-0494	Steve Harank	804-8706	steveref2000@comcast.net
	Flag Football	684-5098	Bill Gubel	947-2418	bill@gubel.com

PAL Website Disclaimer

Special Notice: Solicitation Policy. The PAL maintains this site for use by our member schools. AD's, coaches, and principals may use the email and phone lists for communication with other member schools. Outside organizations are required to seek permission from the league directors in order to share information with our constituents. Contact Jill Bennett, PAL Girls Director or Gerry Lane, PAL Boys Director.