

2009 PAL Golf Coaches List

Head Coach Name	School	Home Phone	Cell Phone	Email Address
1) Phil Green Connie Watson	St. Joseph's (A)	530-888-7159 530-305-1288	768-1594	pfgolfpro@pga.com dejacon@peoplepc.com
2) John Perez	St. Mel's	772-0128	284-4467	Jperez@comcast.net
3) Rick Contreras	St. Elizabeth AS	686-2275	203-7828	ric0@pge.com
4) Tom Ford	St. Mary's		600-6796	tford@m1b.com
5) Mike McGrew	Holy Rosary	530-662-9118	530-219-4351	Mike.mcgrew@chw.edu.org
7) Robert MacDonald	St. Charles	359-8284	600-5581	macusmc76@aol.com
8) William Boyer	St. Robert's	454-6061	802-5732	mboyer@surewest.net
9) John Moore	St. Ignatius	486-4166	997-1317	johnmoore958@msn.com
10) Jim Granucci	Sacred Heart	452-4888	832-1699	jimgranucci@lanset.com
11) Steve Kubes	Holy Trinity	834-1399		srkinvestment@hotmail.com
12) Chuck Sickman	St. Rose	791-3052	412-7913	chuck.sickman@hp.com
13) Mark Raus	St. John Vianney	858-1534	715-0326	markraus@pacbell.net
14) David Reade	Holy Spirit	302-7392		Davidreade@live.com
15) Paul Sunderman	OLA	488-9701	239-8040	Sunderman@ola.parish.net
16) Ray Cheung	St. John Evangelist		224-7375	raymond.cheung@Prospectmtg.com
17) Herb Cameros	Merryhill (Eastern Prep)	342-5533		Heber.cameros@nlcinc.com
18) Kathy Shipley	St. James	530-792-7355	396-3191	Abbeys1995@sbcglobal.net
Cathy Price	St. James	707-452-8167	707-365-6226	rossprice91@comcast.net
19) Zach Varanini	St. Michael's	205-1977		zvaranini@smeds.net
20) Raymond Gomez	St. Patrick's	682-8135	397-5106	rgomez@lanset.com
21) Randall Nishimi	Merryhill (Park City)	427-1936	947-6472	rnish@juno.com
22) Matt Vargo	Sac Country Day	487-9656	481-4470 (S)	mvargo@saccds.com