

2009 / 2010 PAL Participating Schools and Athletic Directors (*Private School Members)

	School	Phone	Athletic Director	Phone (H)	E Mail
1	John Paul	457-5621	Steve Lopez	455-6323	Steve.lopez.gbjw@statefarm.com
			Steve Cooper	761-1911	sooprcoop@sbcglobal.net
2	Holy Cross	371-1313	Emma Cardenas	372-3245	Emmebcardenas@gmail.com
3	Holy Family	722-7788	Barbara Marsolais	722-5818 (S)	dpmarsolais@surewest.net
4	Holy Rosary	(530) 662-3494	Frank Mooney	457-7671 (530) 662-1974	bcontreras@holynosary.com rambriz@holynosary.com
5	Holy Spirit	448-5663	Al LoGiudice	448-5663	ilbacino@yahoo.com
6	Holy Trinity	(530) 677-3591	Kelly Burke	220-0060	Kburke@holyltrinityparish.org
7	Notre Dame (Folsom)	985-4129	Patricia McCullaugh	939-0586	pmccullaugh@sbcglobal.net Philiptateishi@gmail.com
8	Our Lady of Assumption	489-8958	Philip Tateishi	541-7090 (c)	ptateishi@olaparis.net
9	Our Lady of Grace	371-9416	Kathy Garcia	371-5106	garcia.ka@sbcglobal.net pillboxes@comcast.net kbagggett@presentationsschool.net
10	Presentation	482-0351	Kathleen Baggett	760-7768	
11	Sacred Heart	456-1576	Lillian Zickefoose		lzickefoose@sacheart.org
12	St. Charles Borromeo	421-6189	Dennis Miranda	834-0178	dennis.miranda@fire.ca.gov
			Jennifer Cheguina	469-9121	jcheguina@dmv.ca.gov
13	St. Elizabeth Ann Seton	684-7903	Jeff Lusich	684-8479	jlusich@hannabrophy.com
14	St. Francis	442-5494	Mike McCrimmons	764-0957	michael.mccrimmons@gmail.com
15	St. Ignatius	488-3907	Cathy Edwards	284-6605	cedwards@stignatiussac.org
16	St. James (Davis)	(530) 756-3946	Rodney Bodine	(530)756-1952	Rbodine@sjsdavis.com
17	St. John the Evangelist	481-8845 x 210	Kevin Rogers	727-3577	krogers@stjohnev.com
18	St. John Vianney	363-4610	Dianne Haag	638-5588	dhaag@sjvschool.org
19	St. Joseph's (Auburn)	(530) 885-4490	Debi Buresh	(530) 613-7273	buresh10@yahoo.com
20	St. Joseph's (Sac)	925-1465	Helen Rowell	595-4423	Hrowell437@aol.com
21	St. Mary's	452-1100	Dan Slater	744-1063	dslater_sms@yahoo.com
22	St. Mel's	967-2814	Molly Nichols	718-8343	mnichols@stmelschool.org
23	St. Patrick's	421-4963	Richie Lopez	391-8541	Richard.lopez@ftb.ca.gov
24	St. Philomene's	489-5466	Patrick Marquez	402-1084	Pmarquez@stphilomene.org
25	St. Robert's	452-2111	Colleen Henderson	207-3172 (C)	colathletics@comcast.net
26	St. Rose (Roseville)	782-1161	Dave Koumelis	367-3383	davatews@yahoo.com

*** Private School Members**

27	* Sac Country Day	481-4470	Matt Vargo	501-8336	mvaro@saccds.com
28	* Merryhill South	429-6055	William Howell	530-701-2689	William.howell@nlcinc.com
29	* Merryhill Eastern Prep	482-7656	Heber Cameros	342-5533	Heber.cameros@nlcinc.com
30	* St. Michael's	485-3418	Doug Brandenburg	972-1841	dbrande@surewest.net
31	* St. Alban's	782-3557	Nancy Shiro	765-0078 (c)	nancys@stalbans.org
32	* Courtyard School	442-5395	Kyle Foreman	209-747-9751	Foreman.k@sbcglobal.net

Dave Parsh	Little Dribblers	coachparsh@yahoo.com	433-5200 x1034 or 752-3308
Jill Bennett	Christian Brothers / Girls Director	paleague2k@yahoo.com	733-3673
Steve Harank	Officials (Vball & Basketball)	steveref2000@att.net	804-8706
Gerry Lane	Jesuit / Boys Director	laneg@jhssac.org	482-6060, ext. 203; 708-8226