

2009 PAL Cross Country Race Results (page 1)
9/20/09 at Granite Regional Park

Name	Grade	School	Time
1. Tristyn Martin	8	SEAS	7:27.7
2. Michael Chappelle	6	SEAS	7:40.2
3. Von Curtis	8	SMEL	8:00.6
4. Davis Duncan	8	HT	8:03.6
5. Patrick Irwin	7	HT	8:19.0
6. Johnston Galves	6	SROB	8:35.4
7. Matthew Nemeth	8	SJ	8:37.7
8. Sean Olson	7	SROB	8:37.9
9. James Rominger	6	SJ	8:39.8
10. Ben Puglia	5	SMEL	8:44.6
11. Zac Saiz	8	MH	8:52.4
12. Lake Lapp	6	SI	8:54.6
13. Alex Haddad	6	SMEL	9:00.5
14. Sergio De la Quintana	7	SROB	9:09.0
15. Lance Asbill	5	SROB	9:16.4
16. Nicholas Strand	6	OLA	9:20.9
17. Alex Stockero	7	SROB	9:24.5
18. Juan Carlos Godoy	5	SJE	9:24.7
19. Brendan Fretz	5	OLA	9:27.7
20. Kyle Lassen	8	SJ	9:32.8
21. Alex Piroli	6	SROB	9:33.2
22. Eric Stockero	5	SROB	9:43.3
23. Jerry Cahalan	5	SI	9:44.7
24. Jack Steindorf	7	SJ	9:47.4
25. Nick Puglia	5	SMEL	9:50.7
26. Will Baggarly	6	SJ	9:53.1
27. Mason Muzzi	5	SH	9:57.4
28. Matthew Bell	5	SJ	10:03.9
29. Matt Kelley	6	SI	10:13.2
30. John Carson	6	SJ	10:17.4
31. Will Legrand	6	SI	10:17.7
32. Marcus Wakefield	6	SI	10:18.3
33. Zachary Yim	6	SJ	10:22.1
34. Eric Pytel	6	SJ	10:23.0
35. Jack Noonan	6	SEAS	10:27.7
36. Matt Gotts	8	MH	10:29.8
37. Harrison Moore	5	OLA	10:40.8
38. Miguel Rubio	7	SROB	10:48.1
39. Marshall McKeever	6	SI	10:51.7
40. Alex Mar	5	SJ	10:52.2
41. Kyle Estipular	5	SMEL	10:54.9
42. Ethan Pangelinan	6	SI	10:55.1
43. Fernando Gil	5	SROB	11:08.8
44. Connor Gorry	7	SJ	11:17.4
45. Jack Parsh	5	SH	11:38.6
46. Robert Bell	5	SH	11:44.6

2009 PAL Cross Country Race Results (page 2)
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Name	Grade	School	Time
47. Zachary Madsen	5	SROB	11:48.0
48. Jordan Harrison	6	OLA	11:54.1
49. Cody Hudson	6	MH	11:55.4
50. Jason Ramos	6	SMEL	11:55.7
51. Jonathan Phenix	7	OLA	12:58.6
52. Joshua Lara	5	SJ	13:03.1
53. Matthew Quinn	5	SJ	13:33.9
54. Hogan Franklin	7	MH	13:40.5
55. Dante Mazza	7	SJ	13:53.7
56. Josh Ramos	5	SJ	14:16.8
57. Bryant Ecklund	5	SJ	14:28.7
58. Sam Clark	5	SH	14:52.8
59. James Casey	5	SJ	18:17.5
60. Jack Palmeri	5	SJ	20:11.1

PAL Boys XC Course Record at Granite Regional Park 1.25 miles = Tristyn Martin (SEAS) 7:05

School Abbreviations:

St. James (SJ)	St. Robert (SROB)	Sacred Heart (SH)
Presentation (PRES)	Holy Trinity (HT)	St. Rose (SROS)
St. Ignatius (SI)	St. Mels (SMEL)	Our Lady of Assumption (OLA)
St. John Evangelist (SJE)	Merryhill (MH)	St. Elizabeth Ann Seton (SEAS)
		Sacramento Country Day School (SCDS)