

BOYS
 2009 PAL Cross Country Race Results (page 1)
 10/02/09 at Granite Regional Park

Name	Grade	School	Time
1. Tristyn Martin	8	SEAS	7:06.0
2. Matt Watson	8	SI	7:18.3
3. David Duncan	8	HT	7:42.3
4. Patrick Talamantes	8	SCDS	7:42.7
5. Andrew Kawar	6	HT	7:55.8
6. Alex Glasky	7	SROS	8:25.0
7. Lake Lapp	6	SI	8:27.0
8. Zac Saiz	8	MH	8:27.9
9. James Rominger	6	SJ	8:28.5
10. Kyle Lassen	8	SJ	8:29.1
11. Johnston Galves	6	SROB	8:31.1
12. Alex Haddad	6	SMEL	8:35.0
13. Matthew Nemeth	8	SJ	8:35.5
14. Sergio De la Quintana	7	SROB	8:36.1
15. Sean Olson	7	SROB	8:40.2
16. Patrick Cummings	6	HT	8:40.6
17. Juan Carlos Godoy	5	SJE	8:55.7
18. Ben Retz	5	HT	8:56.5
19. Will Baggarly	6	SJ	9:00.0
20. Lance Asbill	5	SROB	9:06.2
21. John Carson	6	SJ	9:06.4
22. Alex Stockero	7	SROB	9:11.3
23. Malcolm Anderson	6	SEAS	9:15.4
24. Nickolas Hilton	5	SROB	9:21.5
25. Ethan Pangelinan	6	SI	9:22.6
26. Fernando Gil	5	SROB	9:28.0
27. Alex Piroli	6	SROB	9:28.1
28. Sean Baker	5	SEAS	9:29.7
29. Jerry Cahalan	5	SI	9:31.1
30. Mason Hall	6	HT	9:31.3
31. Jason Ramos	6	SMEL	9:35.3
32. Matthew Bell	5	SJ	9:38.1
33. Carlos Solis	7	SMEL	9:39.0
34. Will Yuponce	5	PRES	9:39.4
35. Will Legrand	6	SI	9:41.1
36. Oliver Arenchild	5	HT	9:46.0
37. Robert Warwick-Sabino	6	HT	9:57.0
38. Oliver Ghattas	6	SMEL	10:03.1
39. Marcus Wakefield	7	SI	10:05.2
40. Kyle Estipular	5	SMEL	10:05.4
41. Ben Brouwer	6	SH	10:09.0
42. Marshall McKeever	6	SI	10:12.0
43. Miguel Rubio	7	SROB	10:12.9
44. Harrison Moore	5	OLA	10:21.0

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Name	Grade	School	Time
45. Zachary Yim	6	SJ	10:22.0
46. Mason Muzzi	5	SH	10:36.0
47. Tyler Garcia	5	PRES	10:37.0
48. Cody Hudson	6	MH	10:45.0
49. Jack Noonan	6	SEAS	10:57.4
50. Josh Brouwer	6	SH	10:59.1
51. Jack Parsh	5	SH	11:08.2
52. Robert Bell	5	SH	11:09.3
53. Joshua Lara	5	SJ	11:27.4
54. Sam Clark	5	SH	11:38.0
55. Jonathan Phenix	7	OLA	12:39.0
56. Dante Mazza	7	SJ	13:02.2
57. James Casey	5	SJ	14:40.0
58. Christopher Banister	5	SJ	15:04.0
59. Zach Williams	5	PRES	18:16.0

PAL Boys XC Course Record at Granite Regional Park 1.25 miles = Tristyn Martin (SEAS) 7:05 (2008)

School Abbreviations:

St. James (SJ)	St. Robert (SROB)	Sacred Heart (SH)
Presentation (PRES)	Holy Trinity (HT)	St. Rose (SROS)
St. Ignatius (SI)	St. Mels (SMEL)	Our Lady of Assumption (OLA)
St. John Evangelist (SJE)	Merryhill (MH)	St. Elizabeth Ann Seton (SEAS)
		Sacramento Country Day School (SCDS)