

PAL Flag Football Sites 2009

22 Participating Teams

Final Standings as of 10/23/09

(* & **Bold** = Clinched Playoff Spot)

Western Division: (Fridays - St. Robert's & St. Pat's)

	Win	Loss	Tie
* 1. Sacred Heart	7	0	
* 2. Holy Spirit	5	1	1
* 3. St. Michael's	4	2	1
4. Sacramento Country Day	4	2	1
5. St. Patrick's	3	4	
6. St. Roberts	2	4	1
7. St. Charles	1	6	
8. John Paul II	0	7	

Central Division: (Sunday & Friday - Jesuit High School)

* 1. St. Ignatius	6	0
* 2. St. Mary's	5	1
3. Holy Rosary	4	2
4. St. Elizabeth Ann Seton	3	3
5. Merryhill Eastern Prep	2	4
6. St. James	1	5
7. Merryhill Park City	0	6

Northern Division: (Sunday & Friday - Jesuit High School)

* 1. OLA	6	0	
* 2. St. John Evangelist	5	1	
* 3. St. Mel's	4	2	(At-Large Selection)
4. St. John Vianney	3	3	
5. St. Joseph's (Auburn)	2	4	
6. Presentation	1	5	
7. Holy Cross	0	6	

NOTE: Final At-Large playoff bid from the Central and Northern Divisions will be decided after the final regular season round by the Division Champion (Central and Northern) coaches in consultation with the PAL Boys Director. Please check the website for the actual playoff dates and times hosted by Jesuit High School.