

GIRLS
2009 PAL Cross Country Race Results
10/18/09 at Jesuit High School

| Name | Grade | School | Time |
|-------------------------|-------|--------|-------|
| 1. Alex Rieger | 8 | SJ | 8:39 |
| 2. Fiona O'Keeffe | 6 | SJE | 8:52 |
| 3. Miranda Myers | 7 | SJE | 9:25 |
| 4. Cailin Simi | 8 | SJ | 9:27 |
| 5. Audre Costa | 7 | SROS | 9:41 |
| 6. Jackie Healey | 8 | SMEL | 9:42 |
| 7. Sandra Deleon | 7 | SMEL | 9:42 |
| 8. Michaela Mark | 5 | OLA | 10:11 |
| 9. Darby Bosco | 8 | SCDS | 10:17 |
| 10. Arian Avila | 5 | HT | 10:23 |
| 11. Ariel Medina | 7 | SROB | 10:24 |
| 12. Fiona Dodson | 5 | HT | 10:51 |
| 13. Emily Simi | 6 | SJ | 11:09 |
| 14. Morgan Metler | 6 | SJ | 11:14 |
| 15. McKenna Peterson | 6 | HT | 11:23 |
| 16. Danielle Jackson | 7 | SROB | 11:31 |
| 17. Allison Lourim | 5 | OLA | 11:35 |
| 18. Emi Calvo | 8 | SMEL | 11:51 |
| 19. Gabrielle Dyer | 6 | SH | 11:53 |
| 20. Elizabeth Moorehead | 7 | SROS | 12:18 |
| 21. Constance Vloch | 7 | HT | 12:20 |
| 22. Tessah Curtis | 5 | SMEL | 12:26 |
| 23. Laura Gorry | 5 | SJ | 12:34 |
| 24. Samantha Gates | 5 | SH | 12:57 |
| 25. Alyse Andre | 7 | OLA | 12:58 |
| 26. Meaghan Rogers | 5 | SJE | 13:17 |
| 27. Grace Reginato | 5 | SH | 13:57 |
| 28. Alejandra Carrasco | 6 | SROB | 14:03 |
| 29. Sienna Singh | 7 | MH | 14:37 |
| 30. Ellen Hoppe | 7 | SMEL | 14:42 |
| 31. Alexis Navarro | 7 | SH | 14:53 |
| 32. Sarah Posluszny | 7 | SH | 15:38 |
| 33. Vanessa Ellis | 6 | SJ | 16:25 |
| 34. Clare Whetzel | 5 | SMEL | 17:11 |
| 35. Anna Crumley | 5 | SMEL | 17:27 |

***PAL Girls XC New Course Record at Jesuit High School 1.5 miles = Alex Rieger (SJ) 8:39 (2009)**
(former course record = Alison Klas (HT) 8:49.6 in 2008)

School Abbreviations:

| | | |
|---------------------------|-------------------|--------------------------------------|
| St. James (SJ) | St. Robert (SROB) | Sacred Heart (SH) |
| Presentation (PRES) | Holy Trinity (HT) | St. Rose (SROS) |
| St. Ignatius (SI) | St. Mels (SMEL) | Our Lady of Assumption (OLA) |
| St. John Evangelist (SJE) | Merryhill (MH) | St. Elizabeth Ann Seton (SEAS) |
| | | Sacramento Country Day School (SCDS) |