

PAL TRACK LEAGUE RECORDS

BOYS

EVENT	TIME/DIST.	NAME	SCHOOL	YEAR
100 METERS	11.5	CRAWFORD	ST. PATRICKS	1965
220 YARDS	24.2	CRAWFORD	ST. PATRICKS	1965
440 YARDS	55.8	GARCIA	ST. JOHN VIANNEY	1977
880 YARDS	2:07	WILL	ST. PHILOMENES	1974
MILE RUN	4:39.1	WILL	ST. PHILOMENES	1974
220 LOW HURDLES	27.4	MEDINA	HOLY ROSARY	2000
4 X100	49.9		ST. MARY'S	1973
70 LOW HURDLES	9.2	JASSO	ST. MARY'S	1980
LONG JUMP	19' .25"	MAURTUA	ST. CHARLES	1979
HIGH JUMP	5' 10.25"	THOMAS BLOCKER	HOLY SPIRIT	2005
SHOT PUT (10 LB)	41' 11"	ETHAN DRIVER	HOLY ROSARY	2006
(4 KG)	42' 04"	JOSH BARNES	OLA	2006

GIRLS

EVENT	TIME/DIST.	NAME	SCHOOL	YEAR
100 METERS	12.7	LAMMERDING	ST. JOHN VIANNEY	1973
		WESTLAKE	ST. PHILOMENES	1975
220 YARDS	26.7	LAMMERDING	ST. JOHN VIANNEY	1973
440 YARDS	62.2	LAMMERDING	ST. JOHN VIANNEY	1973
880 YARDS	2:32.7	MEGAN ENGSTROM	HOLY ROSARY	2007
MILE RUN	5:32.2	MULLER	HOLY ROSARY	1997
220 LOW HURDLES	31.4	LYSAGHT	ST. MARY'S	1977
4 X100	53.0		ST. PHILOMENES	1975
70 LOW HURDLES	10.3	KETTMAN	ST. MARY'S	1976
LONG JUMP	17' 2"	CHRISTMAN	ST. MELS	1969
HIGH JUMP	5' 2"	LYSAGHT	ST. MARY'S	1977
SHOT PUT	36' 1.25"	HILLIAN	ST. JOHN VIANNEY	1998