

PAL TRACK LEAGUE RECORDS

BOYS

| EVENT | TIME/DIST. | NAME | SCHOOL | YEAR |
|------------------|-------------------|--------------|---------------------|-------------|
| 100 METERS | 11.5 | CRAWFORD | ST. PATRICK'S | 1965 |
| 220 YARDS | 24.2 | CRAWFORD | ST. PATRICK'S | 1965 |
| 440 YARDS | 55.5 | DE SOUSA | ST. JOHN EVANGELIST | 2009 |
| 880 YARDS | 2:07 | WILL | ST. PHILOMENES | 1974 |
| MILE RUN | 4:39.1 | WILL | ST. PHILOMENES | 1974 |
| 220 LOW HURDLES | 27.4 | MEDINA | HOLY ROSARY | 2000 |
| 4 X100 | 49.9 | | ST. MARY'S | 1973 |
| 70 LOW HURDLES | 9.2 | JASSO | ST. MARY'S | 1980 |
| LONG JUMP | 19' .25" | MAURTUA | ST. CHARLES | 1979 |
| HIGH JUMP | 5' 10.25" | BLOCKER | HOLY SPIRIT | 2005 |
| SHOT PUT (10 LB) | 41' 11" | DRIVER | HOLY ROSARY | 2006 |
| (4 KG) | 47' 5.5" | TITHERINGTON | OLA | 2011 |

GIRLS

| EVENT | TIME/DIST. | NAME | SCHOOL | YEAR |
|-----------------|-------------------|---------------|---------------------|-------------|
| 100 METERS | 12.7 | LAMMERDING | ST. JOHN VIANNEY | 1973 |
| | | WESTLAKE | ST. PHILOMENES | 1975 |
| 220 YARDS | 26.7 | LAMMERDING | ST. JOHN VIANNEY | 1973 |
| 440 YARDS | 61.9 | HUNTER | ST. ROBERT'S | 2011 |
| 880 YARDS | 2:27.0 | O'KEEFE | ST. JOHN EVANGELIST | 2011 |
| MILE RUN | 5:22.2 | O'KEEFE | ST. JOHN EVANGELIST | 2011 |
| 220 LOW HURDLES | 31.4 | LYSAGHT | ST. MARY'S | 1977 |
| 4 X100 | 53.0 | | ST. PHILOMENES | 1975 |
| 70 LOW HURDLES | 10.3 | KETTMAN | ST. MARY'S | 1976 |
| LONG JUMP | 17' 2" | CHRISTMAN | ST. MELS | 1969 |
| HIGH JUMP | 5' 2" | LYSAGHT | ST. MARY'S | 1977 |
| SHOT PUT | 40' 10" | KAYLA O'BRINE | HOLY SPIRIT | 2010 |