

# Distribution of Duties for P.A.L. Track Meets-2009

Boys Long Jump	Holy Family (minimum 3 people needed)
Girls Long Jump	Holy Spirit/Presentation (minimum 3 people needed)
Boys High Jump	St. John Evangelist (minimum 3 people needed)
Girls High Jump	St. John Evangelists
Set up of High Jump	Holy Trinity (minimum 4 people needed)
Take down of High Jump	St. Albans (minimum 4 people needed)
Boys Shot Put	Our Lady of Assumption
Girls Shot Put	St. Albans / St. Michael's
Hurdle set-up supervision	St. Philomenes/St. Elizabeth-A.S. St. John Notre Dame/Holy Family
Relay Exchange Zones	1 <sup>st</sup> Zone - St. Mels/St. Philomenes 2 <sup>nd</sup> Zone - St. Ignatius/Presentation 3 <sup>rd</sup> Zone - St. Elizabeth-A.S./St. Marys
Finish Line Helpers	Holy Spirit, Sacred Heart, St. Rose
Clerk of Course	Frank Mooney (Holy Rosary)
Clean-up	St. Roberts/St. Michaels
Snack bar	St. John Vianney
Timers	One from each school. If all schools participate each timer will only have to work half of the meet.

Meet officials for Relay and Championship Meets:

Assign as needed:

Jesuit Work Study Students

## **PAL 2009 - List of Schools**

(Note: If your school is not on this list please let me know ASAP so I can add your school.)

<b>1) Holy Family</b>	<b>HFam</b>
<b>2) Holy Rosary</b>	<b>HRos</b>
<b>3) Holy Spirit</b>	<b>HSpi</b>
<b>4) Holy Trinity</b>	<b>HTri</b>
<b>5) Merryhill Eastern Prep</b>	<b>Eprep</b>
<b>6) Merryhill Prep-South</b>	<b>MerS</b>
<b>7) Our Lady of Assumption</b>	<b>OLA</b>
<b>8) John-Paul II</b>	<b>JP-II</b>
<b>9) Presentation</b>	<b>Pres</b>
<b>10) Sacramento Country Day</b>	<b>SCDS</b>
<b>11) Sacred Heart</b>	<b>SHrt</b>
<b>12) St. Albans</b>	<b>SAlb</b>
<b>13) St. Charles</b>	<b>SChs</b>
<b>14) St. Elizabeth-A.S.</b>	<b>SElz</b>
<b>*15) St. Francis</b>	<b>SFr</b>
<b>16) St. Ignatius</b>	<b>Sig</b>
<b>17) St. James</b>	<b>SJam</b>
<b>18) St. John Evangelist</b>	<b>SJE</b>
<b>19) St. John Notre Dam</b>	<b>SJND</b>
<b>20) St. John Vianney</b>	<b>SJV</b>
<b>21) St. Joseph - Auburn</b>	<b>SJ-A</b>
<b>22) St. Marys</b>	<b>SMary</b>
<b>23) St. Mel's</b>	<b>SMel</b>
<b>24) St. Michael's</b>	<b>SMic</b>
<b>25) St. Patrick's</b>	<b>SPat</b>
<b>26) St. Philomene's</b>	<b>SPhi</b>
<b>27) St. Robert's</b>	<b>SRob</b>
<b>28) St. Rose - Roseville</b>	<b>SRos</b>

**Have a great season!**