

Distribution of Duties for P.A.L. Track Meets - 2011

Boys Long Jump Girls Long Jump	Holy Family (minimum 3 people needed) Woodland Christian/St. Michael's (min.3 people needed)
Boys High Jump Girls High Jump	St. John Evangelist (minimum 3 people needed) St. John Evangelist
Set up of High Jump Take down of High Jump	Holy Trinity (minimum 4 people needed) St. Philomenes (minimum 4 people needed)
Boys Shot Put Girls Shot Put	Our Lady of Assumption Our Lady of Assumption
Hurdle set-up supervision	St. Elizabeth-A.S. St. John-ND
Relay Exchange Zones	1 st Zone - St. Philomenes / St. Mels 2 nd Zone - St. Holy Family / Presentation 3 rd Zone - St. Elizabeth A.S. / St. Patricks
Finish Line Helpers	Holy Spirit/Sacred Heart/St. Rose
Scoring/Date Entry	St. James (Catholic School Relays/JV-Varsity Championship meets)
Clerk of Course	PAL – Frank Mooney & Mike Barnes
First Aid:	St. Ignatius
Clean-up	St. Roberts
Snack bar	St. John Vianney
Timers	One from each school. If all schools participate each timer will only have to work half of the meet.
Meet officials for Relay and Championship Meets:	
Assign as needed:	Mark Simi, Mike Barnes, Gerry Lane and Dave Zielke (PAL)
Jesuit Work Study Students:	Assist with hurdle set-up and other duties as assigned by Meet Director
Meet Director:	David Zielke

PAL 2011 - List of Schools

Courtyard	CYrd
Holy Cross	HCro
Holy Family	HFam
Holy Rosary	HRos
Holy Spirit	HSpi
Holy Trinity	HTri
Merryhill Eastern Prep	EPrep
Merryhill Prep-South	MerS
Our Lady of Assumption	OLA
Presentation	Pres
Sacramento Country Day	SCDS
Sacred Heart	SHrt
St. Albans	SAlb
St. Charles	SChs
St. Elizabeth	SElz
St. Francis	SFr
St. Ignatius	SIg
St. James	SJam
St. John Evangelist	SJE
St. John Notre Dame	SJND
St. John Vianney	SJV
St. Joseph - Auburn	SJ-A
St. Joseph - Sacramento	SJ-S
St. Mary's	SMary
St. Mel's	SMel
St. Michael's	SMic
St. Patrick's	SPat
St. Philomene's	SPhi
St. Robert's	SRob
St. Rose - Roseville	SRos
Woodland Christian	WldC

Note: If your school is not on this list please let me know ASAP so I can add you to the list of schools participating.

Have a great season!